

## Officers-2018-2019

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## **Business and Professional Women of Aurora News!**

ISSUE 3 AND 4 AUGUST AND SEPTEMBER 2018

Business and Professional Women of Aurora Dinner Meeting, Thursday, September 6, 2018

> Mímí's Café 205 South Abílene Street Aurora, CO 5:30 p.m., Networkíng *6:00 p.m*.

Speaker—Mark Krekeler



How to be the Happiest, Most Confident and Healthiest Age At Any Age. Starting now!

At 62, Mark has found himself at this place in life. Learn the process you can duplicate to make big changes in your life.

RSVP: t\_mceldowney@msn.com by July 30, 2018

## Business and Professional Women – Aurora August 2, 2018 Business Meeting

Teresa McEldowney called our meeting to order at 6:14 pm. Members present were State President Deb Fischer, Cheryl Rotkovich, Mary Ellen Lewis, Kay O'Connell, Teresa McEldowney, Debbie Gilliard, guests Brenda Burke, Laura Martin, Chris Bauch and speaker Holly Komar.

Teresa welcomed everyone, we said the Pledge of Allegiance, and she invited our guests and our speaker to join BPW Aurora. We then introduced ourselves and shared the most memorable moment so far from this summer. No 50/50 this evening.

Minutes of the May meeting were approved as published in our newsletter. In lieu of June meeting, members were encouraged to attend the BPW CO State Conference. A big "thank you" to Gary and Debbie Gilliard for hosting our fun member/past member barbeque in July.

Corresponding secretary Mary Ellen published an August/September Newsletter. The minutes of this August meeting and any other notices for September must be sent to Mary Ellen prior to August 12

Teresa presented the Treasurer's report and it was approved for audit.

Teresa also reminded us that it is our turn to host the Legislative Conference in 2019. She and Cheryl Rotkovich have been brainstorming venues and other issues regarding this meeting. A Board meeting will be held on Thursday, Aug. 16 at 5 pm at Mimi's to discuss/plan this event.

Cheryle, VP of Programs, arranged our speaker for our September 6 meeting: Speaker: Mark Krekeler on "How to be the Happiest, Most Confident and Healthiest Age at any Age Starting NOW!"

Deb Fischer, BPW CO president, reported on the National/Regional conference held in July in Orlando, Florida. Seven BPW CO members attended that event. Also, on August 26, a special event, the movie RGB (Ruth Bader Ginsburg), will be held. Complete information can be found on the BPW CO website. Part of the proceeds benefit CWEF. And don't forget that on June 15, 2019, BPW CO will be celebrating the 100<sup>th</sup> anniversary! Mark that date on your calendar!

Speaker Holly Komar presented "Are You the Pilot of Your Life and How to Live the Life You Love!" She stated that many live their lives based on others' expectations. Holly lives with passion and abundant joy! Most of us live on autopilot and are victims of our circumstances. We feel stuck and resigned because we don't think we have choices. She led us through an exercise to discover our passion, to know what that joy can feel like. Holly helped us uncover and eliminate limiting beliefs and helped to lead us down the path of living our life with passion and joy.

Next meeting, Thursday, Sept. 6. Speaker: Mark Krekeler on "How to be the Happiest, Most Confident and Healthiest Age at any Age Starting NOW!"

Meeting adjourned at 7:45 pm.

Respectfully Submitted,

Kay O'Connell, Recording Secretary